

CLINICAL GUIDE II  
PRACTICE GUIDELINE

 **zolid**  
*/// DNA GENERATION*



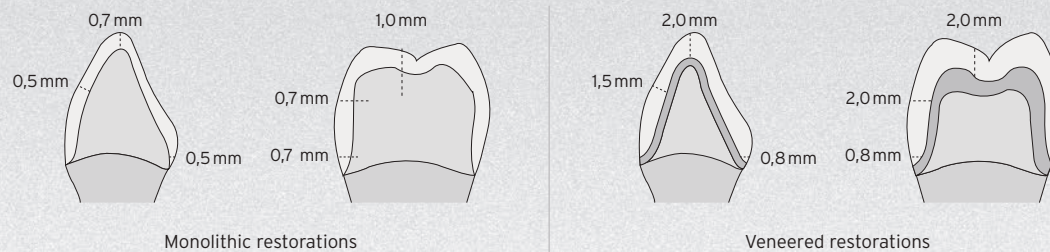
# PREPARATION

Preparation	4
Cementation	10
Surface treatment	14

## PREPARATION RECOMMENDATIONS AND MATERIAL PARAMETERS FOR ZOLID

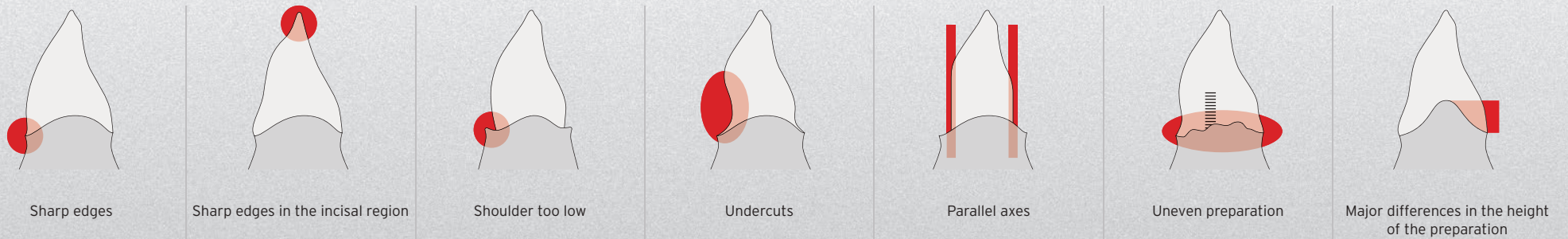
The use of Zolid brings a high degree of reliability, esthetics and clinical benefits. The material allows supragingival preparation due to its tooth-like color, thus enabling easier cementation and preparation control. When planning, it is important to distinguish between monolithic and ceramic veneered restorations. The consideration of minimum wall thicknesses, preparation guidelines and the creation of sufficient space for the veneer ceramics in anatomically reduced work have a marked influence on the quality and functionality of the restorations.

### DIFFERENT SPATIAL CONDITIONS FOR DIFFERENT INDICATIONS\*



### CONTRAINDICATIONS

The following preparations are contraindicated for zirconium oxide restorations



\*Minimum wall thicknesses are based on bridges from 4 pontics

## PREPARATION RECOMMENDATIONS AND MATERIAL PARAMETERS FOR ZOLID

### MATERIAL PARAMETERS FOR ZOLID SHT / HT / LT - UP TO MAX. 3-PONTIC BRIDGES

INDICATION	ANTERIOR REGION				POSTERIOR REGION			
	Wall thickness (mm)		Connector cross-section SHT	Connector cross-section HT/LT	Wall thickness (mm)		Connector cross-section SHT	Connector cross-section HT/LT
	incisal/occlusal	circular			incisal/occlusal	circular		
Single tooth	0.5	0.5	-	-	0.5	0.5	-	-
3-pontic bridges and 1 pontic	0.5	0.5	≥ 12	> 7	0.7	0.5	≥ 12	> 9

### MATERIAL PARAMETERS FOR ZOLID HT/LT - 4 TO 14-PONTIC BRIDGES

INDICATION	ANTERIOR REGION			POSTERIOR REGION		
	Wall thickness (mm)		Connector cross-section HT/LT	Wall thickness (mm)		Connector cross-section HT/LT
	incisal/occlusal	circular		incisal/occlusal	circular	
As of a 4-pontic bridge and a maximum of 2 pontics	0.7	0.5	> 9	1.0	0.7	≥ 12
As of a 4-pontic bridge and a maximum of 3 pontics	0.7	0.5	> 9			
Cantilever bridge and one cantilever pontic				1.0	0.7	≥ 12

#### Designation and assignment of zirconia materials

SHT= Zolid FX, Zolid FX Preshades, Zolid FX Multilayer

HT= Zolid HT+, Zolid HT+ Preshades

LT= ZI

## PREPARATION FOR CONVENTIONAL AND ADHESIVE CEMENTATION

### PREMOLAR, MOLAR OF A POSTERIOR BRIDGE



1 Separation of the premolar with interdental wedge / adjacent tooth protection



2 Separation with coarse torpede 12 mm (green ringed)



3 Occlusal view after separation



4 Pre-preparation 12 mm torpede (green ringed)



5 Preparation of the crown alignment 45° and fine preparation of the chamfer with torpede 12 mm (red ringed)



6 Incisal trimming with 1 mm diamond (green ringed) for optimal esthetic results



7 Occlusal finish with fine diamond (red ringed)



8 Final smoothing with Eva file (red ringed)

## PREPARATION FOR CONVENTIONAL AND ADHESIVE CEMENTATION

### PREMOLAR, MOLAR OF A POSTERIOR BRIDGE WITH RETENTION GROOVES FOR SHORT CLINICAL CROWNS



9  
Pre-preparation of the posterior crown with 12 mm torpedo (green ringed)



10  
Fine preparation of the chamfer with torpedo 12 mm (red ringed)



11  
Preparation of the crown alignment 45°



12  
Applying the retention groove with conical roller (red ringed)



13  
Applying the retention groove with conical roller (red ringed)



14  
Occlusal view, preparation visible throughout



15  
Conical retention grooves on the saw model in the laboratory



16  
Crown is already securely fixed to the stump with retention grooves



Zolid FX Multilayer | Amann Girrbach





# CEMENTATION

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Zolid FX Multilayer | Amann Girrbach



## FORMS OF CEMENTATION

Due to their high strength, zirconia restorations can be attached both adhesively as well as conventionally. A prerequisite for conventional cementation is sufficient retention and a corresponding minimum stump height of 3 mm. Highly translucent zirconia such as Zolid FX benefits from adhesive cementation in particular. Translucent and procolored cementation materials can underline coloring, especially in the anterior region.

	Conventional cementation	Adhesive/self-adhesive cementation
<b>Processing</b>	Low effort	High effort
<b>Bonding strength</b>	No adhesive bonding (Attention: adequate retention shape of the die and minimum stump height of 3 mm must be observed)	Adhesive bonding High adhesive bond
<b>Luting materials*</b>	<ul style="list-style-type: none"> <li>_Zinc oxide phosphate cements</li> <li>_Acrylic-reinforced glass ionomer cements e.g. Fuji PLUS (EWT) / GC</li> <li>_Glass ionomer cements e.g. Vivaglass CEM / Ivoclar Vivadent</li> </ul>	Adhesive cementation: _e.g. PANA VIA™ V5, 21, F 2.0 / Kuraray Noritake _e.g. Multilink® Automix / Ivoclar Vivadent  Self-adhesive cementation _e.g. RelyX™ Unicem / 3M Espe _e.g. SpeedCEM® / Ivoclar Vivadent



MDT Benjamin Votteler, Dentaltechnik Votteler/GER

\*These are recommendations only! Please observe the respective information of the manufacturers.



# SURFACE TREATMENT

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## SURFACE TREATMENT

Especially with monolithic restorations made of zirconia, it is important to polish the contact surfaces after processing in order to avoid possible abrasion on the opposite tooth. During the try-in of the restorations, the static and dynamic occlusion contacts are checked. If imperfections are subsequently reworked, grinding must be carried out with the correct abrasives. The new Polishing Dent Kit from Amann Girrbach is ideal for polishing zirconia in the patient's mouth. The polishing heads are available in different shapes and grades for optimum high-gloss polishing and surface quality.

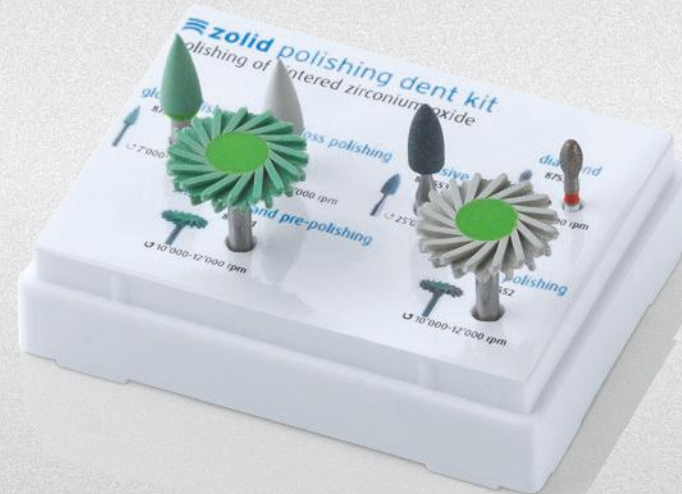
### THE MOST IMPORTANT POINTS AT A GLANCE

- \_Processing of zirconia with a water-cooled turbine at the recommended speeds to avoid overheating**
- \_Especially with monolithic restorations, the surface must be highly polished to avoid abrasion on the antagonist**
- \_Studies confirm that polished contact points of monolithic zirconia restorations show hardly any abrasive effects on the antagonist in contrast to only glazed or veneered contact surfaces\***
- \_Monolithic restorations must be checked in the patient's mouth once a year, taking into account the remaining dentition, the antagonists and the soft tissue**

### ORDERING INFORMATION

#### **875550 Zolid Polishing Dent Kit**

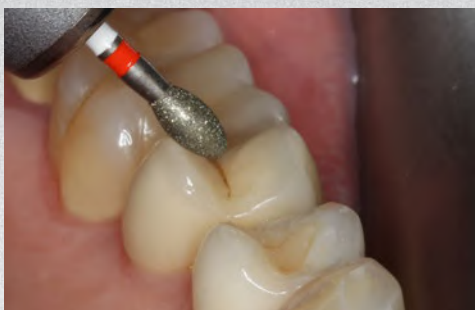
875551	Smoothing and pre-polishing/swivel
875552	High gloss polishing / swivel
875553	Abrasive
875554	Gloss polishing / flame
875555	High gloss polishing / flame
875556	Diamond



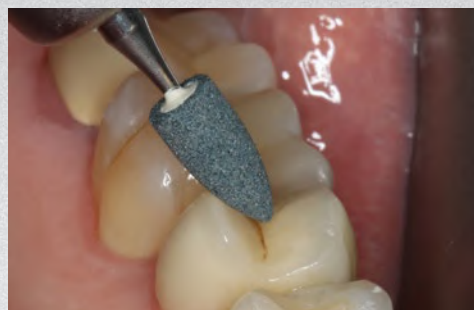
\* Source: Wear of zirconia ceramics and human enamel, Bogna Stawarczyk1, Mutlu Özcan1, Felix Schmutz2, Albert Trottmann1, Malgorzata Roos3, Christoph H.F. Hammerle1

# ZOLID POLISHING DENT-KIT FOR OPTIMUM HIGH-GLOSS POLISHING AND SURFACE QUALITY

## 1. GRINDING WITH DIAMOND OR GRINDING TOOLS



Diamond for grinding zirconium oxide at speeds of 160,000 rpm



Grinding tool for grinding zirconium oxide at speeds of 25,000 rpm

## 2. POLISHING WITH SWIVEL OR FLAME DIAMOND POLISHER



Diamond polishers for smoothing and polishing at a speed of 10,000-12,000 rpm



Diamond polishers for smoothing and polishing at a speed of 7,000-12,000 rpm

## 3. HIGH GLOSS POLISHING SWIVEL OR FLAME DIAMOND POLISHERS



Diamond polishers for high gloss polishing with a speed of 10,000-12,000 rpm



Diamond polishers for high gloss polishing with a speed of 7,000-12,000 rpm



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